

# Flexible Career Paths



**42%**

42% of the UK's part-time workers are aged over 50.

[Rest Less](#)

# Benefits to Flexibility

Offering flexible career development opportunities allows employees to **grow** at their own pace, according to their preferences.



Accommodating in this way helps retain the talent of older workers.

# Examples of flexible working:

**Job sharing**

**Hour reductions,  
Part time working**

**Mentoring and  
reverse mentoring**

**Opportunities for  
continuous learning**

For more information on accommodating to older workers,  
get in touch at [info@proage.org](mailto:info@proage.org)