

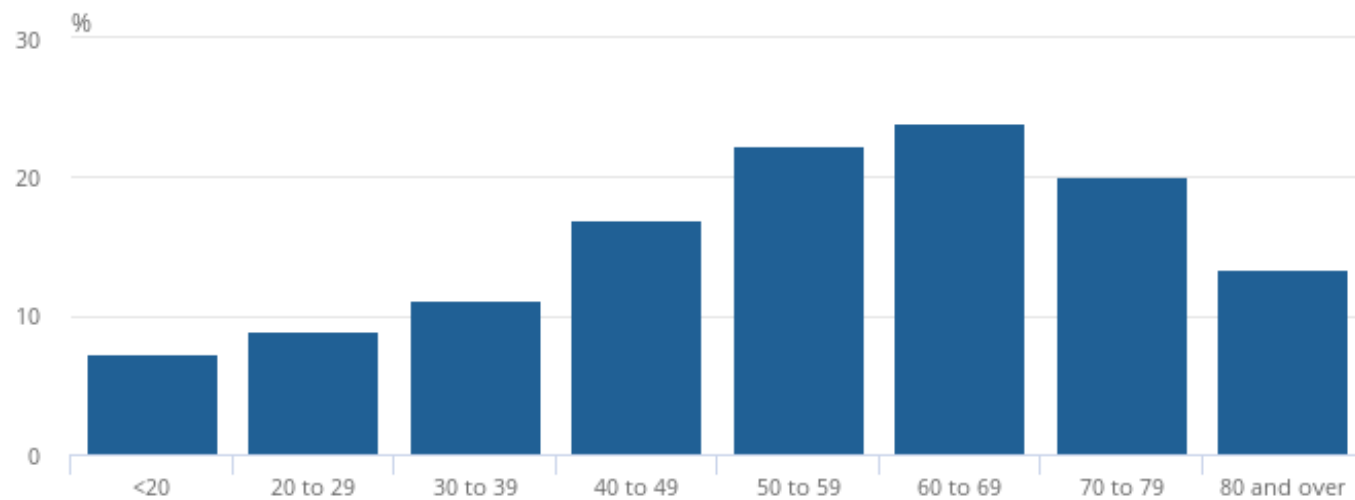
# Flexible Working: Caregivers

Did you know?



**Nearly three in five  
carers in England  
and Wales are aged  
50 years and over.**

Provision of unpaid care by age group, UK, 2015 to 2017



**People in their 50's and 60's are most likely to provide informal care**

As the demand for unpaid caregiving rises, older workers require more flexible work options. Adapting to caregiving duties not only provides financial assistance but also offers opportunities for social connection and ongoing learning in the workplace.

